

tower Topics

VILLAGE *of* WESTERN SPRINGS

2015 Spring Local Elections

Local elections are held every two years, and residents may not be familiar with the “caucus” or town meeting method for nominating candidates for local office. Candidates will be needed for the April 7, 2015 election to fill positions on the Library, Park and Village Boards. While the Village Board or Village government cannot endorse any political party, the following is intended to explain the system that has historically operated within the Village.

Unlike the more common “two-party system” that is found in federal, state, and many local elections, for over 81 years our residents have participated in what is known as a “caucus” or town meeting system whereby every resident is considered to be a member.

The process begins when leaders in each of the Village’s six precincts begin looking for residents who are willing to fill upcoming vacancies on the Library, Park and Village Boards. The precinct leaders identify the type of skills that are being sought by each of the boards and try to match up potential candidates with those needs.

The next step involves selecting the nominees for the various board vacancies. This will take place at six local precinct meetings; all precinct meetings will be held at McClure Junior High on Wednesday, November 19, 2014, at 7 p.m.

November 19
Local Precinct Meetings
December 4
Village-wide Caucus Meeting

On Thursday, December 4, 2014, at 7 p.m., those who have been nominated from the local meetings will be introduced at a Village-wide caucus meeting at McClure Junior High. Other candidates may also be introduced from the floor, with prior notice. Following a vote by those present, the resulting candidates will be considered the caucus endorsed candidates. After they have filed the paperwork required by the State of Illinois, their names will be placed on the official ballot for the April 7, 2015 election .

Residents who have a potential candidate in mind for the Library, Park or Village Boards may contact Jack Lynch, Party Chairperson of the Caucus, at jlynch026@gmail.com. The information will then be passed along to the appropriate precinct leader. Complete information regarding the caucus and the upcoming election can be found on the caucus website, wscaucus.wix.com/wsc.

Under state law, a resident can also choose to run as an independent. Independents must submit their paperwork required by the State of Illinois during the filing period of December 15–22, 2014. The guidelines for running as an independent are available through the State Board of Elections website, www.elections.il.gov.



The youth groups from St. John of the Cross Parish will be hosting a Harvest Saturday Food Collection on Saturday, November 15. The youths will be distributing flyers on Saturday, November 8, to homes and businesses and will return on November 15 to pick up the food donations. The collection will be distributed to a Chicago food pantry that day. The youth groups appreciate the generosity from last year’s collection and look forward to another blessed Harvest Saturday.

31 Years of Dedicated Service



Lt. David Dayhoff

On October 10, 2014, Lt. David Dayhoff retired from the Department of Law Enforcement Services after serving the Village of Western Springs for 31 years, with the last 14 years as a lieutenant. During his tenure, Lt. Dayhoff proudly served in the Patrol, Crime Prevention and Investigations Divisions.

Besides working for the Village, David and his wife, Debbie, are residents and have two adult children. We wish David all the best in his retirement and thank him for the many years of dedicated service to the Village of Western Springs and its citizens.

Gifts of Hope—An Alternative Gift Market

Finding a Christmas gift for someone who has everything has just gotten easier. The annual Gifts of Hope, an alternative gift market, will be held from 9:30 a.m. to 12:30 p.m., Sunday, December 7, at First Congregational Church of Western Springs, 1106 Chestnut. Shoppers can stop by Plymouth Hall to meet representatives from 17 local, regional and international charitable organizations and learn about their mission and good works. Then choosing from “wish lists” created by the groups, shoppers can make a donation that funds a particular purchase, such as a meal, a bag of seed or a pair of gloves for a needy person. Cards will be given out that explain the donation was made on behalf of a family member or friend for a meaningful Christmas gift. To see the groups participating this year, please visit www.wscongo.org or for more information on the market, call 708-217-7905.

Municipal Roundup

The President and Board of Trustees conducted the following business during the months of September and October:

Approved

- A water rate increase of \$1 to \$9.10/1,000 gallons. The increase will help fund the repayment of IEPA \$8.2 million construction loan for the reverse osmosis water plant. The increase was effective October 1, 2014.
- A raffle license to Forest Hills School PTA for a September 19, 2014 event.
- An ordinance updating and amending the current building and fire codes to the 2006 International Fire and Building Codes.
- A resolution declaring 4740 Central Avenue as surplus property, setting a minimum sales price, approving the demolition of the property, and directing Village staff to sell the property via sealed competitive bids.

Awarded

- A contract to Garland/DBS, Inc., for materials for the Village Hall roof restoration project, in the amount of \$14,646.06.
- A contract to Ridgeworth Roofing, for installation of the Village Hall roof restoration project, in the amount of \$12,425.
- A contract to Layne Christensen Company of Aurora, IL, for reconditioning of Well #1, in an amount not to exceed \$50,000.
- A contract to The Kenneth Company of Lemont, IL, for the Recreation Center playlot improvement project, in the amount of \$68,300.
- A contract to Brothers Asphalt Paving, Inc. of Addison, IL, for Phase 2 of the 2014 roadway resurfacing project, in the amount of \$70,527.

Manager Patrick Higgins announced the availability for public inspection of the Eligibility Study & Report together with the Downtown South Tax Increment Financing Redevelopment Plan & Project for the Village, dated September 18, 2014, and prepared by Teska Associates, Inc. These documents are available at www.wsprings.com and at Village Hall for interested parties to review.

The meeting schedule for the Board of Trustees has been altered for the months of November and December, 2014. The Board will meet on the first and third Mondays in November and December and return to meeting on the second and fourth Mondays in January 2015. Village Board meetings are televised live on Comcast channel 6 and AT&T U-verse channel 99 and replayed daily at 2 and 7 p.m. on both channels. Meeting videos are also available at www.wsprings.com.

Use The Village's Website to Report a Concern, Complaint or Compliment

Whether you want to report a pothole, express a concern about your neighborhood, just ask a question or compliment a Village employee, the Village's *Report a Concern* at www.wsprings.com makes it easy. To access the service, visit www.wsprings.com and click the *Report a Concern* logo. The system features a simple form, is easy to use, and allows you to track the status of your request. The system also offers an app for your smartphone. The link for your smart phone is located in the *Download Apps* section at the bottom of the home page. Of course, you may still contact the Village by calling 708-246-1800 during business hours.

You can also use the Village's website to:

- view meeting agendas and minutes
- watch meeting videos and other informational videos
- read about news, events and Village projects
- pay for a parking ticket, vehicle sticker
- submit a vacation house watch request
- find contact information
- seek general Village information
- view licensed peddlers and solicitors



Announcement of Vacancy for Executive Director—After 30 years of committed service to the Western Springs community, Director of Parks Craig Himmelmann, has announced his retirement. The Board of

Commissioners is currently conducting a search for his successor. Position responsibilities and qualifications, as well as a timeline for the recruitment process, are available at www.wsparks.org.

Athletic Field Renovation—Progress updates, construction schedule and photos for the Spring Rock Park playing field renovation project are available on Facebook and can be accessed from the homepage of the Park District website www.wsparks.org.

Become Involved With Your Village

Interested in serving on one of the Village's advisory boards or commissions? There are ten such groups made up of residents who volunteer their time to review and investigate a variety of civic matters. Some boards or commissions meet on a regular basis, others meet only as needed. At the present time there are openings and the Village needs applicants.

Learn more about the Village's boards and commissions at www.wsprings.com and, if interested, fill out and submit the online resume form.

Senior Activities

Seniors Club

Monday, November 10, 1 p.m., Recreation Center

Riverside Radio Players will perform an *Old-time Radio Show*.

Wednesday, November 19, 11 a.m.

Club will meet at the Drury Lane Theatre for lunch and to see the magical musical, *Camelot*.

Monday, December 8, Noon

Annual holiday lunch at the William Tell with entertainment by the Highland Middle School Chorale. A collection will be held for donations to help local families in need.

Senior Center

Located in the Grand Avenue Community Center at 4211 Grand Avenue, the Senior Center operates Monday through Friday, 9 a.m.–5 p.m., and is staffed from 1–3 p.m. on Monday, Wednesday and Friday. Special events coming up are:

- **Tuesday, November 11, 11:30 a.m.–1 p.m.**—Veteran's Day in the Senior Center. Free social event for veterans only.
Let us serve you as you have served us!
- **Friday, November 21, 2–3:30 p.m.**—**Living Literature with Barbara Rinella**—Ms. Rinella will present her new program, *The Traitor's Wife*, based on Allison Pataki's 4½ star book about Benedict Arnold's wife. Tickets will be required. Tickets are \$5 for members and \$10 for non-members.
- **Thursday, December 18, 1–3 p.m.**—Celebrate the holidays with our annual Yankee Gift Swap and light refreshments. RSVP required to 708-246-3299.

Please visit www.wsprings.com for complete details on events and programs available at the Senior Center.

2014 Leaf Removal Guidelines & Schedule



The Public Works Department needs your help to insure that leaf pickup occurs in a timely manner. It is necessary that **ONLY** leaves be raked into the gutter—**NO BRANCHES, LAWN CLIPPINGS, FLOWERS or PUMPKINS**. These items have to be manually removed, placed on the parkway and slows the leaf removal process.

- The leaf removal process runs continuously Monday to Friday through the first week of December, except for Thanksgiving week. The entire Village rotation is Field Park, Old Town North and South, Ridge Acres, Forest Hills, Fairview Estates, Springdale and Ridgewood. If the crew has passed your area and your leaves were not out, the crew will not return until the next week.
- The Commonwealth and Timber Trails neighborhoods do not receive the leaf removal service.
- Residents using a lawn service should make the necessary arrangements to have the work done the week before the scheduled pickup. Please notify your lawn service that only leaves are allowed in the gutter.
- Due to traffic and roadway configurations, residents on Wolf Road from Ogden to 47th Street and all of Ogden Avenue should rake leaves only to the edge of the parkway at the curb and not into the gutter.
- Residents on Wolf Road from 47th Street to 55th Street, all of Gilbert and the rest of the Village must rake their leaves into the gutter. Leaves not raked into the gutter will not be picked up.
- The last week for pick up of bagged leaves/yardwaste will be the week of November 24.
- The schedule may be affected by emergency responses by Public Works. Call the Leaf Hotline at 708-246-1800, Ext. 305, for updates.
- In the case of a snow event, every effort will be made to finish leaf removal once snow clearing operations have been completed.

What to Know When It Snows

Parking—Parking is restricted on Village streets for 12 hours after a snowfall of four or more inches has occurred, or until the snow has been removed, provided that the snowfall has stopped. The Village respectfully requests that residents make every effort to remove their vehicles from the street as soon as possible during any snow event. This protects your car from being splashed by salt spray, becoming plowed in, or being struck by a skidding vehicle. The more cars off the street, the better the snow removal will be.

Shoveling—Pile it up, do not push it out. It makes little sense for the Village to plow the roadway only to then have residents shovel snow from sidewalks or driveways into the streets. Yes, the plows will leave snow in the driveways; however, residents will benefit by waiting until the streets have been cleared before clearing the end of the driveway.

Fire Hydrants—The Fire Department reminds you to help keep fire hydrants near your home free of snow. In the event of a heavy snowfall or drifting, we ask all residents to assist in clearing the areas around the fire hydrants in your neighborhood. Your assistance will help prevent any delays in locating or connecting a fire hydrant, if one is needed.

Green Up Your Fall Cleanup Mulch Your Leaves

If you rake your leaves into the street, the Public Works crews will pick up those leaves and haul them away. If you have a lawn service, the lawn service hauls away your leaves. The garbage company also hauls away the leaves, after you have carefully stuffed the leaves into a yardwaste bag. Consider greening up your lawn by keeping the fallen leaves on your lawn. Chop those leaves into small pieces with a mulching or rotary mower. Passing over the leaves once or twice will do it and your lawn benefits from the nutrients you are leaving and not removing. If you like to rake, your garden or flower beds will welcome the leaves. The leaves will be a natural mulch and the plants will be protected with a blanket throughout the winter.

Village Adopts Ebola Protocols

In response to the Ebola situation, the Villages of Clarendon Hills, Hinsdale, LaGrange and Western Springs have worked together to develop a uniform set of protocols, in cooperation with local area hospitals, for patient care, employee safety and to safeguard public health.

Effective immediately, all dispatchers will be asking 9-1-1 callers, reporting an illness or similar medical condition, questions to ascertain if the patient has any flu-like symptoms or has traveled abroad. Personnel will respond in their usual expedient manner but, once on the scene, they will take deliberate actions to evaluate the medical condition and will limit exposure to a minimum amount of emergency personnel. This means, for example, that emergency personnel may wear protective clothing. Similarly, patients may be placed in protective clothing. Patients, family members and neighbors should not become alarmed with this response protocol.

While there is no local case of Ebola, all emergency agencies and hospital networks are taking actions that are in an abundance of caution to assure the safety of residents and emergency response personnel. Towards that end, personnel will continue training in the same protocols, share medical equipment and develop contingency plans to assist each participatory village should resources be committed.

The Ebola situation is ever changing. All emergency agencies will continue to cooperate on an inter-governmental basis and coordinate with the resource hospitals. The Village will also continue to keep you informed on this issue through www.wsprings.com.

Additional information on the Ebola virus, can be found at these websites:

Centers for Disease Control & Protection—www.cdc.gov
Illinois Department of Public Health—www.idph.state.il.us

Honor Guard Attends National Fallen Firefighters Memorial Weekend

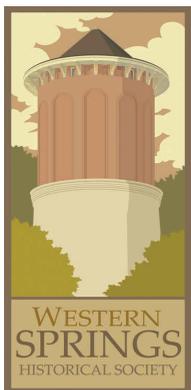


Starting third from the left, Western Springs firefighters are: Lou Hansen, Mia Scavuzzo, Stephanie Grimm, and Mario Perez

Four members of the Western Springs Fire Department attended the National Fallen Firefighters Memorial Weekend at the National Fire Academy in Emmitsburg, MD. Every October, the National Fallen Firefighters Foundation sponsors the official national tribute to all firefighters who died in the line of duty during the previous year. Thousands attended the event to honor 107 fallen firefighters.

As members of the local 3-Town Honor Guard, Western Springs' firefighters and three members of the Hinsdale Fire Department performed various honor guard duties throughout the weekend.

It is so important for us, as firefighters, to honor those that gave their all. We plan on making this an annual event for our Honor Guard.—Firefighter Stephanie Grimm



Western Springs Then & Now

The Historical Society is pleased to announce an exhibit at the Thomas Ford Library entitled *Western Springs Then & Now*. It is a pictorial survey of Western Springs using photos from the society's archives, which were then paired with an updated shot taken from the same angle. The exhibit is in the display case next to the circulation desk and will run through the month of November.

A Food Allergy Parent Group is inviting parents of children with food allergies to meet for conversation about managing kids' food allergies. The group will meet on Wednesday, November 12, at 7:30 p.m. at Davanti Enoteca, 800 Hillgrove. Questions? Please contact cmwest9@yahoo.com.



BUSINESS SPOTLIGHT

Please remember to shop the Western Springs' businesses throughout this holiday season. Consider a WSBA gift certificate! They are good at any WSBA event and participating businesses. Certificates are available for purchase at the Village Hall, Casey's Market and Village True Value. The business community has a strong group of local merchants who are committed to you and appreciate your commitment to them. By supporting our businesses and buying locally, your sales tax dollars help pay for public services.



Clarity Physical Therapy & Wellness Center located at 814 Hillgrove Avenue, recently celebrated a grand opening with the community. The business is a locally owned physical therapy practice specializing in outpatient rehabilitation as well as medical and community wellness for the mind, body and soul. More information on Clarity's services may be found at www.claritypt.com or feel free to call 708-505-3900. Participating in the ribbon cutting ceremony are l-r: Paula Buttell, pilate instructor, Joan Peters, front desk coordinator, and owners/therapists, Ellen Welter and Craig Mawdsley.

Avoid Holiday Crime

The holidays are a special and joyous time of year. It is also a time to be especially alert to the possibility of crime. As the holiday season draws near and our days get busier, we need to take extra care and precautions. Here are some simple tips that can reduce your chances of becoming a victim of crime:

- Never leave valuables in plain view inside your vehicle. Always remember to lock your vehicle doors and windows.
- Don't display gifts where they can be seen from a window or doorway. Store gifts before you go away on a holiday trip.
- Be extra cautious about locking doors and windows when you leave home, even for a few minutes.
- Drive with extra caution. Allow an impatient driver to pass rather than escalate hostilities.
- Be cautious when giving out your credit card number over the phone and the Internet. Know who has access to your information.
- If you go away for a few days, have a neighbor watch your house, shovel snow, pick up the mail and newspapers. Also fill out the vacation watch house request form at www.wsprings.com and the Police Department will conduct periodic physical checks of your residence while you are on vacation.

Christmas Tree Safety

Millions of American homes include a natural tree in their holiday festivities. Yes, the trees add a special touch to the holiday season but they also can be a fire hazard. The Fire Department would like to remind you of the following safety tips regarding Christmas trees:

Picking the tree

- Choose a tree with fresh, green needles. The trunk should be sticky to the touch.

Placing the tree

- Before placing the tree in the stand, cut 1-2" from the base of the trunk.
- Make sure the tree is at least 3 feet away from any heat source.
- Make sure the tree is not blocking an exit.
- Add water to the tree stand each day.

Lighting the tree

- Use lights that have the label of an independent testing laboratory. Some lights are only for indoor or outdoor use, but not both.
- Never use lit candles to decorate the tree.
- Always turn off Christmas tree lights before leaving home or going to bed.

After Christmas

- Get rid of the tree when it begins dropping needles.
- Never put tree branches or needles in a fireplace.
- Trees are collected at the curb during the first two weeks of January.

Recreation Department

The 2015 winter/spring brochure will be mailed to all homes November 12–14. If you do not receive a brochure, please contact the Recreation Department at 708-246-9070 or view the brochure at www.wsprings.com/recreation. The mail-in registration form for winter/spring programs will be due by 4:30 p.m. on Thursday, December 4. The Recreation Center has a new wood floor and a grand opening will be held on Saturday, November 22, at 10 a.m. prior to the Turkey Shoot event.

Winter Highlights

- Registration deadline for 5th–6th grade boys and girls basketball leagues is November 5. Adult volunteers are needed to coach teams. A coach’s training clinic will be November 13 at 7 p.m.
- Men’s open basketball is on Thursdays, 8:15–9:45 p.m., at the Recreation Center. Cost is \$5 per night.
- Turkey Shoot—Test your skill and win flavorful Thanksgiving items. This annual free throw basketball competition will take place on Saturday, November 22. Competition begins promptly at noon at the Recreation Center. Participants will play “Around the World” for points and win gift certificates. This is a free event with many categories for boys, girls, men and women.
- Adult fitness classes are offered on various days, times and levels to meet your needs.
- Dodgeball is on Friday nights at the Recreation Center and the cost is \$3 per person. 3rd–5th grade play from 5:30–7 p.m., 6th–8th grade play from 7–8:30 p.m. and high school and older play at 8:30 p.m.
- Snow Days with Blue Moose—Ages K–4th will enjoy mornings filled with games, arts and crafts, and sports. The program is at the Recreation Center from 9 a.m.–noon on December 22, 23, 29, 30 and 31. Sign up for one day or all five.

Thomas Ford
Memorial Library



Christmas Walk Destination—Does your family love Anna Dewdney’s classic story, *Llama Llama Red Pajama*? Who doesn’t?! Meet Llama Llama himself at the Thomas Ford Memorial Library during the Christmas Walk on Saturday, December 6. From 2–4 p.m., Llama Llama will greet visitors and pose for photos with little ones, so bring your camera! Families can also enjoy light refreshments, courtesy of the Library Foundation, and participate in a holiday craft.

Holiday Schedule—While planning your visits to the Library, please note its holiday schedule. Wednesday, November 26, closing at 5; closed Thanksgiving; closed Friday, December 12, for staff in-service; closed Christmas Eve, Christmas Day, New Year’s Eve, and New Year’s Day.

Don’t let holiday closings keep you from library resources. The doors are always open online to access premium databases—take a look at *Consumer Reports* for help with your holiday shopping—to browse the catalog, place requests, renew materials, see what programs are coming up and make reservations for them; and more. Check it out at www.fordlibrary.org.

Stay Healthy—Stop Germs

The Cook County Department of Public Health offers helpful hints to avoid getting the flu and to stop the spread of germs.

Staying Healthy

- Wash hands thoroughly with soap and water.
- Avoid touching eyes, nose or mouth.
- Avoid close contact with people who are sick, if possible.
- Get a flu shot, if available and if recommended for your age and health conditions.

Stopping the Spread of Germs

- Cover nose and mouth with a tissue every time you cough or sneeze. THROW USED TISSUE AWAY!
- If you don’t have tissue, sneeze or cough into your sleeve—NOT INTO YOUR HANDS!
- After coughing, sneezing or blowing your nose, always wash your hands thoroughly with soap and water.
- Stay home when you are sick. Encourage parents not to let their child go to school if the child has a fever and/or cough.
- Do not share eating utensils, drinking glasses, towels or other personal items.

Residents that are over 65 years of age and have a serious medical condition should check with a health care provider at the first sign of flu illness. Early flu treatment can protect them. For updated information during the flu season, please visit www.cookcountypublichealth.org or call the flu hotline at 708-492-2185.

Practice the three “C’s” — Clean, Cover and Contain

TOWER TOPICS
Village of Western Springs
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FOR SERVICES CALL:

Ambulance/Fire/Police emergency 9-1-1
Building Department 708-246-1800 Ext. 180
Fire non-emergency 708-246-1182
Police non-emergency 708-246-8540
Public Works Department 708-246-1800 Ext. 200
Recreation Department 708-246-9070
Refuse/Recycling (Republic/Allied Waste) . . . 708-345-7050
Village Hall 708-246-1800

Explore and Stay Informed
www.wsprings.com

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CHRISTMAS WALK EXPANDS TO TWO DAYS
FRIDAY • DECEMBER 5 • 5:30–8:30 P.M.
SATURDAY • DECEMBER 6 • 1–6 P.M.

Join the festivities and capture the holiday spirit at the Christmas Walk & Festival of Trees, sponsored by the Business Association, in downtown Western Springs. Christmas trees decorated by families, groups and businesses will be displayed on the Tower Green. To reserve a tree to trim, submit the sign-up form at www.westernspringsbusiness.com no later than November 15. Also make plans to shop n’ dine, visit Santa and Mrs. Claus, take a carriage ride, and listen to the sounds of the season. The lighting of the official Village tree will be at 5 p.m. on Saturday, December 6. More event details are available in *Whiz-ba!* and also at www.westernspringsbusiness.com.

HOLIDAY CLOSINGS FOR VILLAGE SERVICES

Thanksgiving—Thursday and Friday, November 27 & 28
Christmas—Wednesday and Thursday, December 24 & 25
New Year’s—Thursday, January 1

Friday refuse collection is affected by all of these holidays and collection will be on Saturday. Tuesday collection is not affected.

RECYCLING OF CHRISTMAS TREES

Residents may dispose of Christmas trees on their refuse collection day during the weeks of January 4 and 11 only. Allied Waste will collect, transport and dispose of trees left at the curbside. Trees must be free of decorations. A sticker is not required.



Whiz-ba!

Volume 4, Issue 5
November/December 2014

www.westernspringsbusiness.com

Visit our website for a complete list of member businesses and updates on upcoming events.

Children get an early start on good habits at Bright Horizons

At the new Bright Horizons Early Education and Preschool Center in Western Springs, they're passionate about offering tips and strategies to help families create nutritious snacks and meals for their infants, toddlers and preschoolers. Children often shy away from the raw veggie tray and the fruit salad bowl, preferring a grab-and-go bag of chips or high-sugar cereal instead.

But healthy eating isn't all

about broccoli and peas. It's about habits and routines.

Here are a few ways to help your child get a healthy start on good eating habits:

- Remember that eating habits are established early and often are resistant to change. This is an important area of your child's development, and you shouldn't hesitate

to speak with your pediatrician if you have questions or concerns about health, growth or weight.

- Make dinnertime together a priority (no matter how difficult). The family dinner is an endangered institution, but it's a hugely valuable routine that is critical in establishing lifelong patterns and creating a connection to



Bright Horizons' Well Aware curriculum in action.

family memories. This can be a time for interesting discussions that also build language skills. Posing a daily question, such as, "The best thing about my day" can become a family ritual to which everyone looks forward.

- Involve children in meal preparations. Kids often love to help by washing veggies, peeling carrots, breaking lettuce or helping to set the table.

- At mealtime, have age-appropriate table expectations. Allow children to serve themselves when possible. Encourage small portions, but let them know they can have second helpings. Model serving portions that aren't too hefty. Resist the

(Continued on page 2)



FRIDAY
December 5
5:30-8:30 PM

SATURDAY
December 6
1:00-6:00 PM



GOT IDEAS? We want to hear them!

Take the online RESIDENT SURVEY

The WSBA is going through a strategic planning process as we validate and update our mission. To further those efforts, we'd be grateful if you would answer a short list of survey questions.

Just click the **Western Springs Resident Survey** link on our website, www.westernspringsbusiness.com. It should take only a few minutes.

Help plan and improve GATHERING ON THE GREEN

Western Springs residents are invited to join the WSBA's **Gathering on the Green Committee!** Beginning in January, we'll meet once a month to re-vision and improve our community's premiere summer event.

Interested? Email us at: whizba@westernspringsbusiness.com

■ Bright Horizons

(continued from page 1)

temptation to push the "clean plate club" as this can result in patterns of overeating. Allow children to stop eating when they are no longer hungry.

Bright Horizons incorporates nutrition into their curriculum through their Well Aware curriculum element, which fosters a positive attitude toward healthy habits and routines. More than just a fitness and wellness learning program, Well Aware is an approach to life that supports and facilitates ways that adults and children can incorporate healthy choices into their daily lives.

To learn more about Bright Horizons at Western Springs and *The World at Their Fingertips®* curriculum, please visit: www.brighthorizons.com/wsba

FESTIVAL OF TREES 2014

Christmas Walk expands to two days for the first time in its history!

For the first time ever, the Western Springs Christmas Walk – Festival of Trees – will take place over two days on Friday, December 5 and Saturday, December 6, 2014. We've added some great new features, like... the Christmas Walk Passport!

Pick up your Passport at a participating location, then visit local businesses and organizations anytime on December 5 or December 6 to get it stamped. For each five stamps you receive, your name will be entered into a prize drawing. The more local stops you make during the Walk, the better your chances of winning great prizes! (Turn in your completed passport by 5:30 pm on December 6 in the collections box located in the WSBC tent on the Tower Green.)

Want another opportunity to win? Go to Facebook and "like" WSBA anytime between November 1 and December 6 to be entered into a Special Prize Drawing!

Here are some more highlights to look forward to during this year's Festival of Trees:

FRIDAY • December 5 5:30-8:30 pm

- Family Shop n' Dine in select stores: kids can shop for special gifts for Mom and Dad, and parents can purchase special teacher appreciation gifts
- Visit Community Trees
- Firepit on the Green
- Make a Christmas Craft
- Listen to a Christmas Story and more...

SATURDAY • December 6 1:00-6:00 pm

- Special events in the train station, at local businesses and organizations, and on the Tower Green



- Visit Santa and Mrs. Claus starting at 2:00 pm.
- Kick off the Christmas season when Santa Claus arrives on a fire engine to light the official Village Christmas Tree at 5:00 pm.

WesternSpringsBusiness.com is where you will find the latest details and updated information as we get closer to December. Be sure to visit often!



RESERVE BY NOVEMBER 15

QUESTIONS?
COMMENTS?

Email us:
info@westernspringsbusiness.com

or write to us:
Western Springs
Business Association
P.O. Box 172
Western Springs, IL 60558

