

## Village Retirements



**Chief Water Plant Operator  
Ken Hayes  
37 Years of Service**

When asked what he will take away from his time spent here at the Village, Ken responded,

*I feel very fortunate in knowing that when I started here at the Village, I found the plant in one place and that I am leaving it in a better place.*

A very thought-provoking statement from a man who is very passionate about what his position has meant to the community.

On June 30, 2016, Ken Hayes, Chief Water Plant Operator, retired from the Village of Western Springs Water Department after 37 years of service. He began his career in Western Springs in 1979 and was originally hired to help with the metering program. In the early 80s, a permanent, full-time position became available at the water plant that required Ken to work the night shift. With this change in schedule, Ken used the opportunity to complete coursework at Tulane University towards his bachelor's degree, as well as complete coursework and exams towards his Class A Water Operator's License. In 1987, Ken became the Chief Water Plant Operator for the Village of Western Springs.

Throughout Ken's tenure with the Village of Western Springs, many improvements have been made to the Water Treatment Plant and distribution system. Although Ken made a significant contribution to many of these improvements, he is quick to correct that it took the community to come together to bring the Water Treatment Plant in to the 21st century. After the retrofit of the Water Treatment Plant was completed in 2013, Ken was integral in putting all the pieces together in order to automate the plant in January 2016. Shortly after automation proved

successful, the Water Treatment Plant was able to eliminate the night shift allowing for more coverage during the day.

The Water Department and Village staff would like to congratulate Ken Hayes and wish him the very best of luck as he embarks on his well-deserved retirement.

**Assistant Fire Chief Dave Ogren  
33 Years of Service**

The Village of Western Springs Fire Department would like to wish Assistant Chief Dave Ogren a very fond THANKS and GOOD LUCK, as he retires after 33 years of service. Retired Chief Ogren was only one link in a long legacy of his family's service to the Village. His father, as well as both of his sons, served on the Fire Department. Chief Ogren brought years of knowledge to many young firefighters, who have served this department. His years of experience and leadership will be greatly missed by everyone serving on the Fire Department.



Chief Ogren also served the community as the Village Building inspector for over 20 years from 1992 to 2014.

On behalf of all the Village employees and the members of the Western Springs Fire Department, we thank you for all you have done.

	<b>NICK DESMOND AND THE GRAND AVENUE BIG BAND</b> July 13—6:30 p.m. Tower Green Bringing big sounds, big crowds, and a big time for everyone!
	<b>WEST SUBURBAN COMMUNITY BAND</b> July 20—6:30 p.m. Ridgewood Park

## Municipal Roundup

The President and Board of Trustees conducted the following business during the months of May and June.

### Appointments

- Brian Piper to the Recreation Commission

### Amended

- The public comment process at public meetings. Per an Illinois Attorney General's ruling, public bodies cannot require a person to disclose his/her home address as a condition of speaking during public comment.

### Approved

- The purchase of audio/video switching equipment to televise Village meetings in the board room from Troxell of Algonquin, IL, in the amount of \$13,246. The purchase will be reimbursed with a grant from the West Central Cable Agency.
- A purchase contract with Global Emergency Products in the amount of \$452,545 to acquire a 2016 Saber pumper (fire engine) from Pierce Manufacturing Inc.
- An independent contractor agreement with Christopher Spartz as basketball head coach for the Recreation Department's traveling youth basketball program.

---

## Open Burn Policy

While everyone loves an open fire in the backyard to cook with or socialize around, please be aware that the Village has in place a municipal code to cover such usage.

An open fire is defined as:

*Any fire from which the products of combustion are emitted directly into the open air without passing through a stack or chimney designed to control air pollution emissions.*

A bonfire or campfire that is of a large scale that exceeds the size of an approved container would require a permit from the Village. The above definition does not include fires for the use of barbecuing, fires in private indoor fireplaces, or fires in outdoor approved containers using approved combustible materials.

Please follow these rules when making your next open fire:

- Use only approved wood such as seasoned dry firewood of appropriate size for the container.
- Green or fresh wood, construction material, leaves, grass, bushes, roots, or other similar materials that produce excessive smoke are not allowed.
- Fires shall not be permitted to create excessive flames, odors, flying cinders, or smoke that travels across the property boundary.

Please use common sense and respect your neighbors. Be aware that smoke travels and plan accordingly. Contact the Fire Department at 708-246-1182 should you have any questions.

## Recreation Department

The fall program brochure will be mailed to all residents August 3–5. The brochure will have complete information on all fall programs, how to set up an online account, special events, facility rental and general information. Mail-in registration forms will be due by Thursday, August 18, and online registration opens on Friday, August 19. Please note a **NEW POLICY** effective with the fall registration: **All credit card transactions will be assessed a 1% convenience fee on the total amount of the transaction.** The fee will appear as a separate charge on your credit card statement.

There's plenty of summer fun remaining. Whether you are itching to try something new, or simply want to relax with good friends, the Recreation Department is here to help you connect!

- July 11–29—Youth Soccer Training Camp in Spring Rock Park
- July 11–14—Kids Giving Artfully Camp, Monday–Thursday, 9–Noon
- July 18—Late Summer Tennis Program begins
- July 18–22—Young Rembrandts Camp: Cartoon Adventures in Space, Monday–Friday, 9–Noon
- July 20—West Sub Community Concert in Ridgewood Park, 6:30 p.m.
- July 25—Late Summer Camps begin
- July 25–29—Learn to Bowl for ages 6–18 (Westmont)
- August 4—Cuddle Buddies, 6–7 p.m.
- August 8—Chicago Film Tour, 11:30 a.m.–3:30 p.m.
- August 9–11—Tie Dye Art Camp, Tuesday–Thursday, 11 a.m.–12:15 p.m.

Traveling Youth Basketball Team Tryouts—Watch for complete information on our Traveling Youth Basketball Tryouts in August for the Blazers (4th–8th boys) and Wildcats (4th–8th girls).

Call the Recreation Office at 708-246-9070 for additional information on these and other programs and activities or visit [www.wsprings.com/recreation](http://www.wsprings.com/recreation).

---

### Secure Garbage on Garbage Day

Please be reminded that all garbage and recycling must be secured on garbage and recycling pickup days. Items should be placed into sealed bags, ensuring that garbage does not blow through the streets. No containers are allowed at the street. Please do your part to keep Western Springs beautiful!



## Senior Services

### Seniors Club

The Seniors Club does not meet during the summer. The next meeting will be Monday, September 12, at the Recreation Center. Look for complete information in the Recreation Department's Fall Program Brochure going out in August.

### Senior Center

**David Druckman Series:** The Druckman series continues at Thomas Ford Library, 1–3 p.m., on the second Monday of each month through September. These programs are FREE to attendees.

**Genealogy Group:** This group has grown from our genealogy class and will meet as necessary, no less than once a month. Our first excursion out of the classroom will be a trip to the Newberry Library, treasure trove of genealogical information and local history. Join us to answer the question "Who do you think you are?" Please call for information.

**The Brain Class:** We will present the six-episode series THE BRAIN with neuroscientist David Eagleman. Classes will take place Tuesdays, 1–3 p.m., and will consist of a one-hour class with discussion to follow. The class is FREE to members. Please call to register.

**Ongoing Art Show At The Center:** We appreciate the several gifted artists who display their work at the center. Anyone interested in displaying three or more "larger" paintings/artwork for three months, please contact Karen Magin at karenmagin@gmail.com or 708-246-5109.

Located in the Grand Avenue Community Center at 4211 Grand Avenue, the Senior Center operates Monday through Friday from 9 a.m.–5 p.m. and is staffed for business purposes from 11–3 p.m. on Monday and 1–5 p.m. on Tuesday. The complete schedule of activities is available at [www.wsprings.com/seniors](http://www.wsprings.com/seniors). Questions regarding the Senior Center may be directed to mic at 708-246-3299 or mcagney@wsprings.com.

## Fire Explorers Post 17

### New Recruits Wanted

The Fire Explorers Post is a program for young adults, between the ages of 14–19, who are interested in becoming a firefighter. The group participates in both fire and Emergency Medical Services training every other Tuesday evening along with one Saturday per month. They are taught at the level of a beginning firefighter as well as an EMS first responder. The program is run through the Department of Fire and Emergency Medical Services and is led by a firefighter/paramedic who serves as the post advisor.

Anyone interested in becoming a fire explorer, should contact Mario Perez at mperez@wsprings.com or 773-540-0248.



## Rotary Club of Western Springs

The Rotary Club of Western Springs is an organization of dedicated men and women who meet weekly to share camaraderie, hear from community leaders, and discuss ways to make a difference in the community you live in.

Ever since 1956, your local Rotary has been supporting community-oriented projects. The pedestal clock on Burlington Avenue might be the most obvious. Other projects include:

- Landscaping on the Tower Green
- Construction of the shelter house in lower Spring Rock Park
- Donation of wheelchairs to LaGrange Memorial Hospital
- Installation of benches at the train station
- The provision of pagers and paramedic equipment for the Western Springs Fire Department

Service to youth is also one of the Club's primary goals. Over the years, the Rotarians have provided countless scholarships to Lyons Township graduates, as well as supporting McClure Junior High's language arts and mathematics programs and foreign student exchanges.

If interested in joining the Rotary Club of Western Springs, come by for a visit. The Club meets every Tuesday at 7 a.m. at First United Methodist Church, 4300 Howard Avenue.

## Is Your Number Up?

Western Springs firefighters and paramedics waste no time answering an alarm. Everything they do is calculated and rehearsed to utilize every possible second in the event of emergencies. The trouble is, they cannot always find your home in a hurry. Why? Because the house numbers cannot be seen or cannot be read instantly from the street.

Is your house number one of these?

- Too small
- Painted over
- Missing digits
- Obstructed
- Written in fancy script
- Attached to the garage door (only visible if the door is closed)



Please also take a look at your house number from the street AT NIGHT to see if it is completely visible and readable, and whether or not the lighting is adequate for someone to read it. Village code requires that house numbers be located in a conspicuous place on the side or above the front door and the figures must be a minimum three inches in height. Firefighter, ambulance, and police personnel are ready to help you 365 days a year/24 hours a day, but please take the time to display your house number clearly, ensuring that first responders can serve you in a timely fashion.



## Park District Happenings

### Movie Night—Free Admission

Movie night on Friday, August 12, at Spring Rock Park featuring Up. Show begins at sunset. All kids receive a

glow stick and concessions will be available for purchase

### Camping under the Stars—July 22–23—\$25 per family at Spring Rock Park

Tent setup begins at 6 p.m. on Friday, July 22. Evening activities will include games for all ages, water balloon toss, camp fire, s'mores, glow sticks, relay races and much more. Morning breakfast will be served beginning at 7:30 a.m. To register, contact Barb Kartzmark, Program Coordinator, at bkartzmark@wsprings.com or call 708-246-4225, ext. 1

### Picnic Shelter Rentals

If you are looking to have a family or neighborhood party, or a reunion, call the Park District, 708-246-4225, ext. 1, to reserve a shelter at Spring Rock, Timber Trails, Springdale, Ridgewood or Ridge Acres.

### Capital Improvement Plan

Park Board and staff are continuing discussions about the capital improvements for the parks. If any resident has thoughts on this topic, feel free to contact John Robinson, Executive Director, at jrobinson@wsprings.com or 708-246-4225, ext. 2.

### New Website

The Park District will be launching a new website in July 2016. The site domain will remain the same: [www.wspark.org](http://www.wspark.org). For updates on the launch date, check out the District's Facebook page at [www.facebook.com/wsparkdistrict](http://www.facebook.com/wsparkdistrict).

## Al Fresco Dining

In the summer outdoor dining is dining at its best. It adds a lively and enjoyable dimension to dining and gets you out of the house into the fresh, open air, encouraging a good appetite and an appreciation for the slower pace of life.

A variety of restaurants in Western Springs offer you a dining experience that will tempt you outdoors again and again. Bon appétit at Mécénat Bistro, Snackers, Starbucks, Davanti Enoteca, Solstice and Hillgrove Tap.



## Outstanding Garden Contest

In honor of its 90th Anniversary, the Western Springs Garden Club is celebrating the beauty of the community by sponsoring an Outstanding Garden contest. Do you or someone you know have a Western Springs front yard garden with beautiful curb appeal? Enter this village-wide garden contest and six residents will win \$50. The contest runs through July 15. For details on how to enter the contest, visit [www.westernspringsgardenclub.org](http://www.westernspringsgardenclub.org).

## The Library in Summer: You'll Like It!

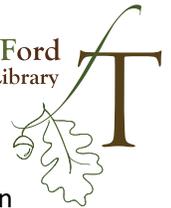


Kids can "Read for the Win" during this year's Summer Reading Program, Teens will "Read\*Connect\*Create for the Win," and adults may join in with "Laugh Lines." Registration continues into August for all age groups and participating could not be easier. Visit the Library or sign up at [fordlibrary.org](http://fordlibrary.org), read books and collect prizes!

In 2012, the Library surveyed members and learned they wanted the doors to stay open on summer Sundays. At your request, the Library will be open from 1–5 p.m. on Sundays all summer long. Check the newsletter or website to see all the summer offerings, including Chicago Improv on July 7 and Library Links (mini golf) on July 15.

Do you like knowing what is going on? Do you like seeing photos of your children and friends? "Like" the Thomas Ford Library on Facebook! Go to [fordlibrary.org](http://fordlibrary.org) and click the Facebook icon in the upper right corner, then "Like" the Library in our cover photo. Done! Your News Feed will now give you more Library info—photos of family and neighbors at Library and community events, as well as the latest about Library materials, services, and programs. You'll Like it!

Thomas Ford  
Memorial Library



## It's Vacation Time!

Regardless of whether your activities take you away from home for one month or one day, vacations leave homes vulnerable to burglaries—unless precautions are taken. To avoid a break-in or burglary, the Police Department offers the following suggestions:

**Stop Deliveries:** A pile of newspapers or mail is like displaying a sign telling others that no one is home.

**Use Timers:** Placing one of these inexpensive devices on each floor to turn a light on and off makes it appear as though someone is home.

**Give a Key to a Person You Trust:** This person can stop in every so often to make the house look "lived in" by moving the car in and out of the garage, opening and closing drapes, and bringing in deliveries that were not stopped. Also, make sure your grass stays cut.

**Never Hide a Key Outside:** You're not the only one who knows about fake rocks and other tricks for holding a spare key.

**Vacation Watch:** This service is a great addition to other security steps. The police check your house while you are away. To obtain this service, fill out the online form at [www.wsprings.com](http://www.wsprings.com) or visit the Police Department.

## Memorial Tree Wraps



Over the past several years, the Village has experienced several personal incidents where residents have demonstrated solidarity by placing memorial ribbons and other decorations on both parkway and private trees. While the Village recognizes the emotional bearing of these gestures, there has been some concern regarding the potential health impact upon trees. The use of materials that do not allow for air to flow to the bark of the tree could create problems where mold, mildew, rot or other pests can infiltrate the tree. Plastic bags used as memorial wraps can present a particular problem where water is trapped against the tree and the plastic.

The Village is outlining a simple set of guidelines for those resi-dents wishing to place memorial decorations on parkway trees.

- Decorations shall be limited to a single ribbon made of cloth wrapped around the primary trunk of the tree at breast height. No plastic bags or any other material may be used for decoration.
- Any ribbon placed shall not weigh more than 1.5 lbs and shall not have any additional decorative items beyond that which is printed on the material.
- No decorations shall be placed on any branches or secondary trunks on the tree.
- The Public Works Department reserves the right to remove any decorations on parkway trees at its discretion, if the decorations are determined to negatively impact the health, shape or aesthetic of the tree.
- All ribbons located on private property may remain at the discretion of the private property owner.

## Water Meter Readers Need Your Help

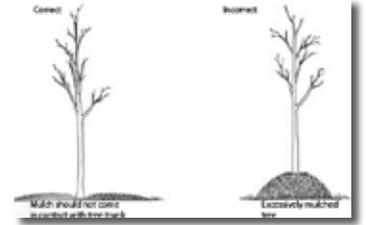


Did you know the Village reads the water meter in your home through a sensor on the outside of your home? Every other month a meter reader must access the sensor to record water usage, which is very easy to do, except when bushes are blocking the sensor. The meter readers have a difficult time navigating through bushes that block the sensor and the Village is asking for your cooperation by trimming those bushes away from the device. The picture shows what the sensor looks like. Please take the time to locate it and make it accessible so we have scratch-free meter readers.

## Proper Mulching of Parkway Trees

Mulching is one of the most beneficial practices a homeowner can use for better tree health. The proper use of mulch zones around new trees is extremely helpful in protecting the young plant from mowers, string trimmers and other threats. The generally recommended mulching depth is 2 to 4 inches for well-drained sites.

However, mulch zones are often applied incorrectly, and actually contribute to the decline of the tree or shrub. The most commonly seen example of this is “Volcano Mulching.”



A mulch volcano occurs when mulch is applied too deep and pushed up against the trunk of the tree. If mulch is piled around the trunk, the roots will start to grow into it. These roots will then grow around the trunk in the mulch. As the root grows thicker, it pushes against the trunk, which is also increasing in size. These roots will eventually strangle the trunk and cause death.

Mulch piled against a tree trunk also traps unnecessary moisture and decaying organic material against the bark. This often leads to the onset of disease and decay around base of trunk, which prevents food and energy from traveling up and down the tree. It also creates an ideal environment for fungal and canker development in the trunk, leading to eventual death.

The proper way to mulch is to allow the “flare” at base of the tree to be exposed. This allows the tree to “breathe” and will allow for excess moisture to escape.

Additional information on mulching trees can be found at: [www.mortonarb.org](http://www.mortonarb.org).

## Experience the Preserves Like Never Before!



With camping, a new rock-climbing wall and activity barn, swimming, night programming at six nature centers and more, the Forest Preserves are alive with summer activities for people of all ages. The Forest Preserves of Cook County have everything area residents need to spend time outdoors and enjoy a summer “getaway” experience close to home.

NEW to Bemis Woods is the first-ever treetop adventure in Cook County. The Forest Preserves have partnered with Go Ape, the nation’s premier treetop adventure course company, to create a forest canopy using rope ladders, Tarzan swings, five zip lines, and more than 40 other challenging and fun obstacles situated more than 40 feet in the air.

Visit [www.fpdcc.com](http://www.fpdcc.com) for complete details on all of the outdoor activities offered by the Forest Preserves of Cook County.

## Business Spotlight



**10 Year Anniversary**—Combs EyeCare & EyeWear recently celebrated 10 years of business in Western Springs. The business has been the leader and preferred provider of quality vision care products and personalized optometric services to patients in Western Springs, LaGrange, and the surrounding areas.

Their experienced doctors and staff offer comprehensive vision examinations and specialize in the diagnosis and treatment of a wide array of eye diseases, conditions, and problems.

Their mission is to provide the best eye care services possible, and their doctors use only the most advanced, state-of-the-art diagnostic technology and eye care products available. Combs is committed to educating their patients and providing personalized eye care services to the people of Western Springs.

At Combs EyeCare & EyeWear, you will find eye care professionals who genuinely care about your health and are dedicated to providing exceptional personal service to everyone who walks through the door.



**New Partnership and a New Remodel**—Colonial Barber Shoppe is a traditional barber shop that features haircuts for men and boys of all ages and has been in town for more than 45 years. The shoppe boasts a recent remodel, new barber chairs and a new partnership between longtime owner Nancy Frett (on the left) and Western Springs resident Lauren Goodwin.

Nancy has been specializing in men's haircuts since the 1980s while working with her father, Sam Marsala, an experienced barber for more than 50 years. Roughly two decades ago, Sam and his daughters brought their talent to Western Springs and quickly established a loyal clientele. Many Colonial customers bring in stories and special memories of getting their hair cut by Sam or previous owners and revel in the fact that the ambience has not changed through the different owners.

Lauren and her husband, Steve, met Nancy almost 15 years ago when they brought in their oldest son for his first haircut. As Sam carefully cut his hair, a friendship was born. Lauren brings her creative energy and past advertising experience to the shop and hopes that many other young families will also come to experience the warm friendly atmosphere that this barber shop has to offer.

Lauren and her husband, Steve, met Nancy almost 15 years ago when they brought in their oldest son for his first haircut. As Sam carefully cut his hair, a friendship was born. Lauren brings her creative energy and past advertising experience to the shop and hopes that many other young families will also come to experience the warm friendly atmosphere that this barber shop has to offer.

The Colonial Barber Shoppe is located at 1050 Hillgrove Avenue in uptown Western Springs and is open Tuesday–Friday, 9 a.m.–5 p.m., and Saturdays 8 a.m.–3 p.m. Call 708-246-9866 to schedule an appointment.

## Peer Jury Program Celebrates 2016 Graduation



(l-r: Coordinator Maia Whalen, Sgt. John Piest, Coordinator Kevin Foody, and Chief Pamela Church)

Director of Law Enforcement Services Pamela Church recently celebrated the graduation of senior students who served on the Juvenile Peer Jury during their high school careers, along with the staff that makes this program possible.

During the ceremony, volunteer coordinators Maia Whalen and Eugenia Callison, Sgt. John Piest and Officer Arthur Hull were honored by Chief Church and praised for their dedication and commitment to the program. Finally, graduating seniors, Kevin Foody, Cristian Gonzalez, Elizabeth Januska, Matt Miller, Colin Hogan, Vitaly Oprysko, Joe Rallo and Sam Szczepaniak, were thanked for their hard work and generous volunteerism. Over the past year, this Peer Jury has successfully heard 14 new cases.

The Western Springs Juvenile Peer Jury has helped guide area youth since October 1997 by providing youthful offenders with a second chance. Police Department juvenile officers and coordinators run the program and teens serve as peer jurors, hearing cases referred by the Police Department. Each jury is composed of eight teenage jurors who alternate to avoid hearing cases involving friends or acquaintances. Cases before the jury range from curfew violations, to misdemeanors, and even felonies.

### Join the Peer Jury

The Peer Jury program is currently looking for young people between the ages of 13 and 18 to become peer jurors. They must live and attend school in Western Springs, or attend either LT or Nazareth. Applications can be picked up at the Police Department. For more information, contact Sgt. John Piest at 708-246-1800, ext.156 or [jpjest@wsprings.com](mailto:jpjest@wsprings.com).

## Collection of Live or Dead Animals

What do you do if you wind up with a live animal, such as a possum or a raccoon, in your yard? The Police Department provides traps to capture the animal; following capture, residents are required to dispose of the animal independently or call a local animal trapper. Dead animals on Village streets or parkways will be picked up by the Public Works Department. If an animal is located on Ogden Avenue, 55th Street, or 47th Street, residents must call IDOT at 217-782-2937. If an animal is located on Wolf Road, residents must call the Cook County Highway Department at 708-448-8006. For assistance in the collection of a dead animal from a Village street or parkway, please call 708-246-1800, ext. 200, or use the Report a Concern feature at [www.wsprings.com](http://www.wsprings.com).

## Family Emergency Plan

Your family may not be together when disaster strikes, so it is important to plan in advance: how you will contact one another; how you will get back together; and what you will do in different situations.

The Western Springs Emergency Management Team suggests these tips for creating a plan:

- Assemble a quick reference list of contact information for your family, and a meeting place for emergency situations.
- Identify an out-of-town contact. It may be easier to make a long-distance phone call than to call across town, so an out-of-town contact may be in a better position to communicate among separated family members.
- Be sure every member of your family knows the phone number and has a cell phone, coins, or a prepaid phone card to call the emergency contact. If you have a cell phone, program that person(s) as “ICE” (In Case of Emergency) in your phone. If you are in an accident, emergency personnel will often check your ICE listings in order to get a hold of someone you know. Make sure to tell your family and friends that you’ve listed them as emergency contacts.
- Teach family members how to use text messaging. Text messages can often get around network disruptions when a phone call might not be able to get through.
- You may also want to inquire about emergency plans at places where your family spends time: work, daycare and school. If no plans exist, consider volunteering to help create one. Talk to your neighbors about how you can work together in the event of an emergency. You will be better prepared to safely reunite your family and loved ones during an emergency if you think ahead and communicate with others in advance.

## Avoid Dehydration in the Heat

Western Springs Emergency Management offers these prevention tips to prevent dehydration:

- Drink more fluids (nonalcoholic), regardless of your activity level. Don’t wait until you’re thirsty to drink. Warning: If your doctor generally limits the amount of fluid you drink or has you on water pills, ask him how much you should drink while the weather is hot.
- Don’t drink liquids that contain alcohol or large amounts of sugar—these actually cause you to lose more body fluid. Also, avoid very cold drinks, because they can cause stomach cramps.
- Stay indoors and, if at all possible, stay in an air-conditioned place. If your home does not have air conditioning, go to the shopping mall or public library—even a few hours spent in air conditioning can help your body stay cooler when you go back into the heat. Call your local health department to see if there are any heat-relief shelters in your area.
- Electric fans may provide comfort, but when the temperature is in the high 90s, fans will not prevent heat-related illness. Taking a cool shower or bath, or moving to an air-conditioned place is a much better way to cool off.
- Wear lightweight, light-colored, loose-fitting clothing.
- NEVER leave anyone in a closed, parked vehicle.
- Although any one at any time can suffer from heat-related illness, some people are at greater risk than others. Check regularly on:
  - o Infants and young children
  - o People aged 65 or older
  - o People who have a mental illness
  - o Those who are physically ill, especially with heart disease or high blood pressure
- Visit adults at risk at least twice a day and closely watch them for signs of heat exhaustion or heat stroke. Infants and young children, of course, need much more frequent watching.

If you must be out in the heat:

- Limit your outdoor activity to morning and evening hours.
- Cut down on exercise. If you must exercise, drink two to four glasses of cool, nonalcoholic fluids each hour. A sports beverage can replace the salt and minerals you lose in sweat. Warning: If you are on a low-salt diet, talk with your doctor before drinking a sports beverage. Remember the warning in the first “tip” (above), too.
- Try to rest often in shady areas.
- Protect yourself from the sun by wearing a wide-brimmed hat and sunglasses and by putting on sunscreen of SPF 15 or higher (the most effective products say “broad spectrum” or “UVA/UVB protection” on their labels).

**FIELD PARK FIT FAMILY  
5K RUN/WALK & KID'S DASHES  
SATURDAY, SEPTEMBER 17, 2016**

Start Time: 4:30 p.m.—Kid's 50 yard dash & 1/3 mile; 5 p.m. 5K run/walk  
Location: Behind Field Park School, 4335 Howard Avenue  
Registration at [www.signmeup.com/114409](http://www.signmeup.com/114409)  
Cost: \$15–\$25 for preregistration by September 2, 2016 with t-shirts guaranteed, after September 2, 2016 cost is \$20–\$30, t-shirts not guaranteed  
Awards ceremony and post-race party follow race with music by WLTL, food, and drinks

TOWER TOPICS  
Village of Western Springs  
740 Hillgrove • Western Springs, IL 60558  
708-246-1800 FAX: 708-246-0284  
Editor • Emily Holeczynski  
708-246-1800, Ext. 203  
towertopics@wsprings.com

FOR SERVICES CALL:

Ambulance/Fire/Police emergency . . . . . 9-1-1  
Building Department . . . . . 708-246-1800 Ext. 180  
Fire non-emergency . . . . . 708-246-1182  
Police non-emergency . . . . . 708-246-8540  
Public Works Department . . . . . 708-246-1800 Ext. 200  
Recreation Department . . . . . 708-246-9070  
Refuse/Recycling (Republic/Allied Waste) 708-345-7050  
Village Hall . . . . . 708-246-1800

*Explore and Stay Informed*  
[www.wsprings.com](http://www.wsprings.com)

VILLAGE BOARD  
President William Rodeghier  
708-246-1800, Ext. 120  
wrodeghier@wsprings.com

TRUSTEES:

Alice Gallagher . . . . . 708-246-1800 Ext. 118  
agallagher@wsprings.com  
Suzanne Glowiak . . . . . 708-246-1800 Ext. 119  
sglowiak@wsprings.com  
Sheila Hansen . . . . . 708-246-1800 Ext. 115  
shansen@wsprings.com  
James Horvath . . . . . 708-246-1800 Ext. 117  
jhorvath@wsprings.com  
Edward Tymick . . . . . 708-246-1800 Ext. 116  
etymick@wsprings.com  
Berry Allen . . . . . 708-246-1800. Ext. 114  
ballen@wsprings.com

**Block Party Fun!**

For good old-fashioned fun, nothing beats a block party. The Village requires all groups wishing to hold a block party to fill out a "Block Party Consent Form." This form is available at the Village Hall or at [www.wsprings.com](http://www.wsprings.com). The individual in charge of the block party is to have as many residents as possible sign the consent form if their house is going to be affected. The form must be turned in at least two weeks before the date of the block party, along with a \$50 deposit for the cones. Once this form is turned in, the Public Works Department will send the letter of permission to the person in charge. Cones will be dropped off by the Public Works Department on the Friday before the event and picked up the following Monday. The deposit will be returned after the cones have been picked up.

The Village has established these regulations in an effort to provide a safe and secure environment for your party. Please assist the Village in protecting the safety and wellbeing of all village residents. If you need additional information, please call the Public Works Department at 708-246-1800, ext. 200.

If you would like a fire truck at your block party, please call 708-246-1182 to make the arrangements with the Fire Department.



Pre-sort  
Carrier Route  
Bulk Rate  
U.S. Postage  
PAID  
Western Springs, Illinois  
PERMIT NO. 34

**POSTAL CUSTOMER**  
**WESTERN SPRINGS, IL**  
**60558**

**2016 Presidential Election**

The election is not until November; however, there are important dates to remember for voter registration and early voting.



**Recently move or turn 18?**

Register online at [www.cookcountyclerk.com](http://www.cookcountyclerk.com). Individuals may also register at Village Hall with two forms of identification.

**Dates to Remember**

- September 27, 2016 – National Voter Registration Day
  - October 11, 2016 – Last Day to Register to Vote
  - October 12, 2016 – First Day of Grace Period Registration and Voting
  - October 24, 2016 – First Day of Early Voting
  - November 3, 2016 – Last Day to Request a Mail Ballot, including Military and Overseas Voters
  - November 7, 2016 – Last Day of Early Voting, Last Day of Grace Period Registration and Voting
  - November 8, 2016 – Election Day
- More voting details are available at [www.cookcountyclerk.com](http://www.cookcountyclerk.com).



# Whiz-ba!

**THE  
WESTERN  
SPRINGS  
BUSINESS  
ASSOCIATION**

[www.WesternSpringsBusiness.com](http://www.WesternSpringsBusiness.com)

## New programs for kindergarten and school age children begin fall 2016

by Bright Horizons at Western Springs

Bright Horizons at Western Springs is excited to share news about our newest programs! In addition to our exceptional programs for infants through kindergarten prep, we will begin offering kindergarten and school age programs this fall.



“school skills” of listening carefully, following through on a sequence of tasks, and working cooperatively are reinforced. Our Kindergarten program offers both half day and full day options.

Our school-age programs include before- and after-school care and back-up care for school holidays and school closing days. We provide school-age children with the opportunity to live, learn and socialize in a relaxed setting outside of school.

We offer a wealth of enrichment activities included in your tuition that engage the interests of school-age children, including an Art Studio, STEM Lab, indoor active play space, and age-appropriate outdoor playgrounds.

*(Continued on back)*

**Think  
LOCAL  
Spend  
LOCAL  
BE  
LOCAL**

Our comprehensive kindergarten curriculum is designed to prepare children for school success and meets or exceeds all State of Illinois curriculum standards to ensure an easy transition into the local school system. At the same time, we build off the child’s knowledge base and skills, learning style, and interests. There is a clear emphasis on the development of strong language, math, and science skills. Important



# WHIZ-BUCKS

are now for sale at Village Hall!

Available in \$10 increments, Whiz-Bucks can be redeemed at participating Western Springs businesses.

\$10  Gift Certificate

Think Local. Spend Local. Be Local

**TEN Whiz-Bucks**

00003001

Whiz-bucks are redeemable at any WSBA participating business, service organization or WSBA Event and are used just like cash.

\$10  Gift Certificate

**WESTERN SPRINGS**

**WSBA**  
BUSINESS ASSOCIATION

## Gathering on the Green 2016... We couldn't have done it without you!

A huge thank you to everyone who came out and supported this year's Gathering on the Green! We had a great turnout despite the heat, and the event was an enormous success.

Families enjoyed watching local magician, Frankie Ace, followed by the Trinity Irish Dancers. Miss Lauren entertained the younger crowd while School of Rock showcased their young and talented musicians. Local band Kickin' Jimmy closed out the night with a performance that was full of energy and was the perfect end to a wonderful day!

Local restaurants offered the best



tastings of Western Springs at 11 different food booths. Many of our association's businesses and local organizations set up displays, gave away promotional items, and

demonstrated their products or services. Kids enjoyed pony rides, two bounce-houses, a petting zoo, laser tag, face painting, a rock climbing wall and much more.

A special thank you to all the

volunteers who gave their time and all the businesses that participated and sponsored this event. The Gathering on the Green would not have been possible without you!

## New programs at Bright Horizons

(continued from front)

Teachers are there alongside, facilitating, guiding and understanding that learning does not have to take on the tone and texture of a school day but rather be filled with fun.

Western Springs elementary schools will bus to us for both the Kindergarten and School Age programs!

To learn more, call us at 708-246-4710 or visit us online at [www.brighthorizons.com/westernsprings](http://www.brighthorizons.com/westernsprings) and [www.facebook.com/BHWesternSprings](http://www.facebook.com/BHWesternSprings).



QUESTIONS?  
COMMENTS?

Email us:  
[info@westernspringsbusiness.com](mailto:info@westernspringsbusiness.com)

or write to us:  
Western Springs  
Business Association  
P.O. Box 172  
Western Springs, IL 60558

Visit our website for a complete list of member businesses and updates on upcoming events.

[www.WesternSpringsBusiness.com](http://www.WesternSpringsBusiness.com)

