

WESTERN SPRINGS SENIOR CENTER ACTIVITIES--2020

4211 Grand Avenue, Western Springs, IL 60558

(708)246-3299

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>a.m. Tai Chi DVD Class 10-11:30 <i>NEW tai chi students welcome</i></p> <p>p.m. Senior Club 1-3* --2nd Monday <i>(ends in June, resumes in September)</i> Bridge Tournament 12-4 --(Wes/Tony)</p>	<p>a.m. Chair Yoga 10-11:15* Rec program Seniorcise 9:45-10:30</p> <p>p.m. Tuesday TV 1-3 A Knitting Circle 5-7pm</p>	<p>a.m. Bridge Classes 10-11:30</p> <p>p.m. FoursBridge 11:30-4 Tai Chi 1-2:15</p>	<p>a.m. Seniorcise 9:45-10:30 Pat Ganzel Bridge 11:30-3:30 --3rd Thursday</p> <p>p.m. Movie Day 1-4 --LAST Thursday</p>	<p>a.m. Foursome Bridge 9-12 Senior Yoga 9:15-10:30* (Level 1&2) Rec prgm Mahjongg 10-12 Class to be scheduled</p> <p>p.m. Tai Chi 1-2:15 <i>NEW tai chi students welcome</i> Canasta 1-4</p>
<p><i>Explore Tai Chi which has been called "walking meditation." Tai Chi is FREE to members. Drop in Wednesday or Friday.</i></p>	<p><i>Do not miss this opportunity to stretch and strengthen for all and any skill level. Seniorcise is FREE to members. Drop in Tuesday or Thursday.</i></p>			<p><i>Friday is reserved for both special events and member driven activities, e.g., mahjongg, Phase 10, card games, movies, your book club, a get together with your friends . . .</i></p>
<p>HOLIDAY CLOSINGS: New Year's Day : Jan 1 MLK Day: Jan 20 (open) President's Day: Feb 17 Good Friday: April 10 Memorial Day: May 25 Independence Day: Jul 3</p>	<p>HOLIDAY CLOSINGS: Labor Day: Sept 7 Thanksgiving: Nov 26-27 Christmas: Dec 20-Jan 4 <i>(SOME CLOSINGS ARE FOR BUSINESS ONLY. PLEASE CHECK.)</i></p>	<p>SPECIAL EVENTS: <i>Big Band</i> <i>Veterans' Lunch</i> <i>Jenny Riddle</i> <i>Leslie Goddard</i> <i>Betsey Mean WomanLore</i> <i>Celebrations</i></p>	<p>SPECIAL CLASSES 2020: --TUESDAY TV-Mrs Maisel --TUESDAY TV-Handmaid --Brain Games --Discuss Current Events --Genealogy --Math refresher --Music</p>	<p>Western Springs Senior Club: Call : Gina Millette at (708)246-6276 regarding programs. Call Bryan Eddy at (708)447-8918 (beddy37@hotmail.com) for membership info.</p>