

tower Topics

VILLAGE *of* WESTERN SPRINGS

Is the Temporary Increase of Fluoride in Our Water a Problem?

by Dr. James Maragos DDS

There has been some concern among residents about the naturally occurring fluoride level in our drinking water. The water plant is currently in the fifth month of a one-year construction project to improve the quality of our water by installing reverse osmosis equipment.

During my term as a Village trustee (2007—11), I chaired the Public Works and Water Committee, the committee that planned the water plant renovation. As a practicing general dentist, I have heard the concerns of my Western Springs patients about the water and want to share information from the American Dental Association (ADA), which hopefully will answer some questions and ease the concern of our Village residents. According to the ADA's Fluoridation Facts,

Dental fluorosis is a change in the appearance of teeth and is caused when higher than optimal amounts of fluoride are ingested in early childhood while the tooth is forming. The risk of dental fluorosis can be greatly reduced by closely monitoring the proper use of fluoride products by young children.

Normally, the fluoride level in our drinking water is around 1 part per million (ppm), but during the renovation of the water treatment plant, the water is coming from another well. That well draws water from a deep aquifer, which has a naturally occurring fluoride level of 2.1 ppm. If the drinking water has a fluoride concentration of 2.1 ppm, there is a very small chance that the tooth enamel being formed in a child 0—5 years old will have white spots covering less than 25 percent of the total tooth surface, when the tooth erupts into the mouth. This is called very mild fluorosis. The risk of fluorosis in children 5—8 is only

in the enamel of their third molars, "wisdom teeth," which are often removed. Children over 8 and adults have no risk of fluorosis because the dental enamel is already formed. White spots on the teeth, especially at the gum line, can also be the early signs of decay caused by inadequate tooth brushing.



There are other sources of fluoride (toothpaste, anti-cavity rinses) that a child age 0—5 can swallow. If this occurs, the chance of dental fluorosis increases as well. This is the easiest source of fluoride to control. Parents could buy toothpaste without fluoride or have the child brush with only water on the toothbrush. Until children have their back teeth, molars (approximately 2 years old), the front teeth should be cleaned by wiping them with a soft cloth without toothpaste.

Drinking water with the optimal concentration of 1 ppm has reduced the incidence of decay in children's teeth by 20—40 percent. Therefore, it is important for the child 0—5 years old to have fluoride

(Continued on Page Two)

(Fluorosis—continued from Page One)

in their drinking water. According to the ADA, the maximum reduction in dental decay is achieved when fluoride is available preeruptively (during tooth formation) and posteruptively (after the tooth erupts) by surface contact with fluoridated water. Therefore, if there is no fluoride in the drinking water during tooth formation during ages 0—5, the opportunity to get fluoride into the tooth enamel is gone, and the teeth are more susceptible to decay over the lifetime of the patient.

Possible solutions to get the fluoride concentration in our water to an optimal fluoride concentration are:

- Use ½ tap water with ½ non-fluoridated bottled water for the drinking water and formula preparation for children 0—5 years old.
- Use only commercially available bottled water with the proper fluoride concentration. Current regulations require the fluoride content of bottled water to be listed on the label ONLY if fluoride is added during processing.

The only filters for home use that could filter out all the fluoride would be reverse-osmosis filters and distillation units. I would not recommend purchasing these items because soon (within eight months) they will not be needed. The new water plant will be completed and excellent water at the optimal fluoride concentration will be in circulation.

For more information on this topic, visit the ADA web site at www.ada.org/fluoride.

Water Hardness

The Village recognizes the concerns of the residents about how the hardness of the water is affecting their plumbing and appliances during the rehabilitation of the water plant. Many residents have asked the Village for advice about what they can do to make the hard water more acceptable. While the effects of the hard water during the rehabilitation should not have a substantial impact on your plumbing or appliances, there are some things you can do to make it more tolerable.

Hot Water Heater—Flushing sediment from the tank will help. This will remove loose debris from the bottom and will keep the hot water tank running more efficiently.

Dishwasher—If you are noticing "spotting" or "cloudiness" on your dishes, there are various dishwashing additives available. One resident likes the product called "LEMI SHINE" and uses it along with her dishwashing detergent. Another resident uses a "FINISH ALL IN 1 GEL PAC" along with a ½ package of unsweetened Kool-Aid lemonade! Both residents claim to have had good results. If you have a product that you found to be successful, we encourage you to share your information on Facebook at <http://on.fb.me/wshardwater> or call the Public Works Department at 708-246-1800, Ext 200.

Small Appliances (coffee maker, iron, dehumidifier)—For items that do not require a lot of water, use bottled water.

Water Softening System—This is the most effective solution and available as a rental. Contact a local provider for details on a system that will work best for your home.

Any questions regarding the water plant rehabilitation project may be directed to Ken Hayes at khayes@wsprings.com or 708-246-1800, Ext. 215.

Municipal Roundup

The President and Board of Trustees approved the following business in January and February:

- The issuance of \$3.25 million in general obligation bonds. This is the second half of the \$6.5 million general obligation bonds that were issued pursuant to a successful referendum held on November 4, 2008, for street rehabilitation.
- The payment of \$22,006 to The Lax Shop, Chicago, IL, for new helmets for the LaCrosse program. The Village is reimbursed through participant fees.
- The issuance of a raffle license to LTHS Parent Teacher Council, for the post prom 2012 event.
- The purchase of four 2012 Chevy Tahoe vehicles from Advantage Chevrolet, Hodgkins, IL in an amount not to exceed \$120,000. The vehicles are replacement vehicles for the Director of Municipal Services, Director of Fire and EMS and the Police Department fleet.
- A contract with Twin Supplies, Ltd. in the amount of \$34,088.78 payable from a grant in the amount of \$19,967.93 from the Illinois Department of Commerce and Economic Opportunity and a grant in the amount of \$13,747.50 from the Illinois Clean Energy Program to pay for the purchase and installation of lighting fixtures within the Grand Avenue Community Center.
- The appointment of James Tyrrell as chair of the Plan Commission.

Carbon Monoxide Detectors Understanding the New Standards

An Underwriter Laboratories (UL) standard UL 2034 establishes requirements for carbon monoxide (CO) detectors. The standard requires CO detectors produced after August 1, 2009 to have an end-of-life signal. This signal is to activate once the device reaches its projected end-of-life.

A CO detector will have three signals:

Alarm—The alarm signal is a series of four rapid beeps followed by a five-second pause and then repeating.

Trouble—A trouble signal, indicating some type of fault or low battery, is a ½ second beep—just like a low battery on a smoke detector.

End-of-Life—The end-of-life signal is a distinct signal, or the same signal as a trouble alarm, providing that there is a visual indicator on the CO detector to indicate that it is an end-of-life signal. When an end-of-life signal is sounded, the CO detector must be replaced.

Since January 2007, it has been an Illinois law to have a working CO detector in all residences. If your CO detector was manufactured prior to August 2009, please check to see if it has an end-of-life alarm feature. The Office of the State Fire Marshal recommends that CO detectors lacking an end-of-life feature that are more than five years old should be replaced.

If your CO detector is activated for a CO alarm, call 911. If you or any family member is feeling ill, please advise the dispatcher of that information and move to a location with fresh air.

For routine questions or other information on CO detectors, contact the Fire Department at the non-emergency number, 708-246-1182.



Welcome New Business!

Green Promoting—The Village of Western Springs is proud to welcome **Green Promoting** to the community. **Green Promoting** is a promotional marketing firm with over 30 years of experience. Led by partners Michele Johann and Amy Boisselle, the Western Springs office was opened last year and has been busy ever since. Green Promoting is located at 4471 Lawn Ave. in the heart of downtown Western Springs. Michele and her family are also proud to call Western Springs home.

www.greenpromoting.com • 708-784-1180



l-r: Trustee Jim Horvath, Trustee Shelia Hansen, Trustee Suzy Glowiak, Michele Johann of Green Promoting, Village President Bill Rodeghier and Trustee Deb Lyons

Tree Replacement Program

Did you have a tree removed from your parkway or are you interested in having a new tree planted on the parkway? Now is the time to call Public Works at 708-246-1800, Ext. 200 to receive an order form for the Parkway Tree Replacement Program. The form is also available at www.wsprings.com, for you fill out and then mail the form. Trees will be planted in the spring. The Village and resident share the cost of the tree(s), with the resident paying 25% and the Village paying 75%. The price covers the cost of the tree, shipping, planting and a 12-month warranty. The resident's share for 2012 will be approximately \$80. Please return the order form as soon as possible to reserve your tree(s). Please do not send payment with the order. All trees will be invoiced prior to planting and must be paid for before the tree will be planted.

Cleanup Days in Western Springs

NEAT Cleanup Day

Scout troops, youth groups, clubs, families or just individuals! NEAT (Neighborhood Environmental Appearance Team) needs your help at the NEAT Cleanup Day scheduled for Saturday, April 14, 2012, with a rain date of Sunday, April 15. Volunteers are needed for a work period of at least two hours to clean litter and debris. Anyone is welcome and encouraged to participate in this popular and important event that helps preserve the beauty of Western Springs.

NEAT is responsible for the planning of this one-day event in which community groups help to spruce up parks, the Village Green, school yards, business areas, railroad right of ways and grounds around public buildings.

Groups are encouraged to preregister so work sites can be assigned. Registration will also take place the day of the cleanup at the Recreation Center, 1500 Walker, anytime between 8 a.m. and noon. Garbage bags and refreshments will be provided for all participants. Please bring rakes, brooms and gloves. For more information or to sign up please contact Carol Yee at 708-246-6704 or mscyee@hotmail.com.

Household Cleanup Day

The annual village-wide Spring Cleanup Day will be on Saturday, May 5, 2012. Unlimited amounts of household items including clothing, draperies, household goods, carpeting, books, furniture, scrap metals, appliances and white goods can be disposed of. No materials will be recycled.

All refuse should be placed on the parkway no earlier than 6 p.m. the day before and no later than 6 a.m. on collection day. Those items not included in the pickup include household garbage, electronics, landscape waste, construction and demolition debris, liquids, tires, batteries, hazardous or medical waste or solid material such as bricks, concrete, asphalt, or sod. For more information, please contact Allied Waste at 708-345-7050.



Friends of the Library

Spring Book Sale

April 27-29

Energy Savings Program

Save on Your Monthly Electricity Expenses

The Village would like to assist you in reducing your monthly electricity expenses through the Clean Air Counts Energy Savings Program sponsored by the Metropolitan Mayors Caucus. The Village encourages residents to take advantage of this program and begin saving money now on your electric bill. You still get your service and bills from ComEd; however, through the program you will pay a rate that is lower than ComEd's current rate. Learn more about the program and sign up online at www.wsprings.com, www.integrysenergy.com or call Integrys Energy at 888-688-1236. Have your ComEd bill in hand when you are ready to enroll.

Yard Waste Collection

- Yard waste will be picked up starting April 3.
- Each bag or bundle of yard waste materials must have one sticker affixed for collection.
- All yard waste materials must be placed at the curb in a biodegradable paper bag.
- Yard waste too bulky to be placed in a bag, such as branches or brush, must be securely tied and bundled. Bundles may not exceed 4 ft. in length, 2 ft. in diameter or 60 pounds in weight.

Energy Impact Illinois

When it comes to energy efficiency, there are many choices and sometimes those choices can be overwhelming. The Chicago Metropolitan Area for Planning (CMAP) has launched a new program called Energy Impact Illinois (EI2) at www.theenergybills.org. The web site provides simplified information, tools and financial resources needed to help increase the comfort of your home and lower your energy bills. The Energy Bills is an education initiative from EI2, a public-private alliance, working to help you understand the choices you can make to become more energy efficient. Visitors to the site can find out how much energy their home is really using, link to incentives and financing for energy efficiency upgrade projects, and connect with trained and certified contractors to help make those projects a reality. To learn more about how to maximize the energy efficiency of your home, visit www.theenergybills.org.

Is Your Number Up?

Western Springs firefighters and paramedics waste no time answering an alarm. Everything they do is calculated and rehearsed to save every possible second. The trouble is, they cannot always find your home in a hurry. Why? Because the house numbers cannot be seen or cannot be read instantly from the street.

Is your house number one of these:

- too small
- painted over
- missing digits
- obstructed
- written out in fancy script
- attached to the garage door (only visible if the door is closed)

Also, take a look at your house number from the street *AT NIGHT* to see if it is completely visible and readable and whether the lighting is adequate for someone to read it. Village code requires that house numbers be located in a conspicuous place on the side or above the front door and the figures must be a minimum three inches in height.

Firefighter, ambulance, and police personnel are ready to help you 365 days a year, 24 hours a day, but please take a little time yourself to display your house number clearly, so they can find where you are.

Opportunities for Burglars

As warmer weather creeps into the area, so do burglars looking for an opportunity to separate you from your property. A great number of burglaries that are committed during the warmer months are crimes of opportunity and can be prevented by following these precautions:

- Lock your doors. During spring and summer months, we open our doors and windows to let in the fresh air but occasionally we neglect to properly secure the doors and windows when we go out. Close and lock your doors when you are outside your home even if you are just working in the back yard. Some burglary teams will drive through neighborhoods looking for someone gardening in the back yard and then enter the house through the open front door.
- Keep your garage door closed. Garage burglars typically drive through residential neighborhoods looking for open doors. The burglars commonly remove bicycles, golf clubs, tools and anything else available. The service door to your garage is another opportunity for burglars and should always be locked.
- Keep your car locked at all times and remove valuables. The most common category of burglaries in Western Springs is burglaries to vehicles. The vast majority of these crimes can be discouraged by making sure your car doors are locked and by removing valuables, such as cellular telephones, GPS units, purses and loose change.

Remember that an opportunistic burglar relies on your complacency. A few extra moments of precaution can save you from being a victim.

Vehicle Stickers/Pet Licenses Online Service Available

All residents of the Village who own or lease a licensed motor vehicle registered with the State of Illinois, even if the vehicle is not operated, housed or stored within the Village, are required to pay an annual vehicle license tax. The Secretary of State's office is the source used by the Village for vehicle information. The 2012/2013 sticker must be affixed by Monday, April 2, 2012, to avoid any penalty fee. Also, dog and cat licenses must be purchased and displayed on collars by April 2, 2012.

For your convenience, stickers and licenses can be renewed and purchased at www.wsprings.com. Residents can access their vehicle information online and use a credit card to pay for the annual licensing fee for current vehicles on file as well as add or delete their vehicle. The service is also available for renewing pet licenses. If you use the online service, the vehicle stickers and pet tags will be mailed to you. **Village Hall will be open on Saturday, March 24, and Saturday, March 31, from 8:30 a.m. to noon, for purchasing stickers and licenses.** Any questions related to vehicle stickers or pet licenses should be directed to the Village Hall at 708-246-1800 ext 100.

Vehicle Stickers/Pet License Fee Structure

| | |
|-----------------------|---------|
| Automobiles | \$35.00 |
| Motorcycles/Mopeds | \$35.00 |
| Recreational Vehicles | \$40.00 |
| Dog or Cat License | \$10.00 |

(Seniors 65 and older receive a \$5 discount)

Senior Services

Senior Center, 4211 Grand Avenue

The Center's full description of activities is available at www.wsprings.com and is open Monday—Friday, 9 a.m. to 5 p.m. Drop-in business hours (services available) are on Monday, Wednesday and Friday from 1 to 3 p.m. For more information on the Center, please call 708-246-3299 .

Seniors Club

Monday, March 12, 1 p.m., Recreation Center

Lorraine Marik, a former American Airline Stewardess will talk about her years working for the airlines and some history of the Chicago Municipal Airport, now Midway.

Wednesday, March 28, 10:30 a.m.

Day trip to Polish Polka Festival at White Eagle in Niles. For reservations, call 708-784-8966.

Monday, April 9, 1 p.m., Recreation Center

Flea market buyers and sellers, Beth Holly and Don Lemon, will present "Great Finds."

Wednesday, April 18, 11:30 a.m.

Day trip to Marriott Theater in Lincolnshire to see *The Pirates of Penzance*. For reservations, call 708-784-8966.

Enjoy a Summer of Swimming!

The Western Springs Service Club (the WS Pool) welcomes you to a summer of swimming enjoyment. The WSSC is a private club and features a swim team, swimming lessons, an adult lap club, and water aerobics.



Mailing of registration packets to all 2011 members will take place at the beginning of April. Registration for new members begins after **April 4** and forms will be available at www.westernspringspool.com or the Western Springs Recreation Center, 1500 Walker.

All registrations must be mailed to the address below. **Registrations must be postmarked by May 4, 2012 to receive the early bird pricing.** Any questions or concerns, please contact: wsscmanager@hotmail.com or WSSC, P.O. Box 82, Western Springs, IL 60558.

Severe Weather Safety

Although severe storms and tornados can occur at any time of the year, they most frequently occur in the spring and summer. With the coming of spring and the increased potential for tornados, it is important to take a few moments to review tornado safety and know what to do to protect yourself and your family, just in case. As such, the Western Springs Department of Fire and EMS offers the following tornado safety points.

- When storms are predicted to occur in our area, watch for changing weather conditions and monitor the radio and/or television for severe weather alerts.

Tornado Watch means that tornados may be expected to develop

Tornado Warning means a tornado has actually been sighted

- Should a tornado be reported or sighted in our area, our Village emergency warning sirens will be sounded. Additionally, emergency weather radios as well as commercial radio and TV will broadcast tornado warnings.
- Know where you can take shelter quickly to minimize chance of injury. A basement, an interior windowless room on the lowest level or at a school or commercial building, an interior corridor will provide the greatest protection.
- Once in a safe location, stay there until any danger has passed. Should a tornado approach (extreme wind, loud noise, flying debris), get under a sturdy piece of furniture and use pillows, cushions or any other cushioning materials to protect your head and neck. Remember, it's flying debris that kills and injures most victims.

COMMUNITY NOTIFICATION SYSTEM—IS YOUR INFORMATION CORRECT?

CodeRED is the community notification system the Village uses to notify residents in the event of emergency situations or critical community alerts. Community alerts include emergency water shutoff from a watermain break, road construction projects or community safety. The telephone database used for the system includes the entire Village unless you have an unlisted phone number, have changed your phone number or address within the last year or use a cell phone as your primary home phone. In these situations, you must register or update your information. Registration or updates can be done at www.wsprings.com or call the Police Department at 708-246-8540.



Important Vaccinations Every Adult Should Know About

By Laura Ozark, MD, Co-medical Director for MRC

Very few healthy adults schedule an annual physical with their doctor, preferring instead to wait until illness strikes for this valuable face-to-face time. Unfortunately, this allows missed opportunity for proactive preventative primary care. The annual “check-in” with your doctor can have many benefits, including an opportunity to see if you are up to date with recommended vaccinations. Every year, approximately 45,000 adults die from vaccine-preventable diseases, and many more suffer from diseases that were entirely preventable through vaccination. In this issue of *Tower Topics*, I will highlight two important adult vaccines. More vaccination information will follow in the May/June issue.

Shingles Vaccine—*Herpes zoster* is the virus responsible for “shingles,” which is a very painful rash that erupts over one specific area of the body. Anybody who has ever had chicken pox harbors the virus in their body, which can reactivate at any time to cause this painful disease. Approximately 25 percent of the U.S. population will have an episode of shingles over their lifetime with an increased risk after 50 years old. Up to 1/3 of people who have shingles will suffer from a painful nerve syndrome called “post herpetic neuralgia,” for which there is no cure. Current pain medications are not very helpful, either. The shingles vaccine can reduce the risk of getting shingles by 51 percent and the overall risk of post herpetic neuralgia by 67 percent. A single dose is recommended for all adults 60 years and older.

Pneumococcal Vaccine—Often misnamed “pneumonia vaccine,” this immunization helps protect against *streptococcus pneumoniae*, the bacterium that causes not only a specific type of pneumonia, but also meningitis and a blood infection that can be lethal. This immunization is recommended for all adults 65 years and older. BUT, if you have asthma, are a smoker, or have a chronic medical condition like diabetes, heart or lung disease, or cancer, you should get this vaccination right away regardless of your age.

Anyone interested in joining or wanting to learn more about the Western Springs Medical Reserve Corps, may contact Tim Conley, MRC Coordinator, at tconley@wsprings.com or 708-246-1182.

Recreation Department

Spring is happening at the Recreation Center, so come out and participate in all the vibrant and fun indoor and outdoor activities the center offers. The current session runs through April 21 followed by a session from April 23 to June 9. If you need a spring brochure, please call 708-246-9070 or find it at www.wsprings.com.

Highlights for spring include:

Spring Break Camps—Jr. Space Camp, ages 5-7, and Castle Camp, ages 6-12, are open and run from March 27-29.

Youth Lacrosse—The program for 1st-8th grade students will begin outdoors in April. Late registration is being accepted. Program details at www.westernspringslacrosse.org.

Spring Coloring Contest—The contest is open to ages preschool-5th grade. The form is available at www.wsprings.com, the library, the Recreation Center, Grand Avenue Community Center and the schools. Submit the form by April 2 to the Recreation office for display and a chance to win a prize.

Tennis—Coach Dave Evans will be at the Recreation Center on Wednesday, April 4, from 7:15-8:45 p.m. to answer all of your questions on placement, competitive levels and skill sets in the tennis program.

Girls' Volleyball—Program to improve volleyball skills for girls in grades 3rd-5th on Saturday mornings.

Fly Fishing Casting and Strategy—Learn the basics of casting a fly rod and the effective strategies needed to catch fish. Fly rod, reels and line are provided. Sessions are Sundays, April 29-May 20, from 1-2 p.m.

35th Annual Tower Trot—The Tower Trot will be held rain or shine on Saturday, May 26, 2012. The 10K race will begin at 8:30 a.m. with the 5K following at 9:30. Online registration will be available in April.

The 2012 summer brochure will be mailed to all homes the week of March 18. Registration forms are due Thursday, April 12, in order to be included in the mail-in registration.

TOWER TOPICS
Village of Western Springs
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FOR SERVICES CALL:
Ambulance/Fire/Police emergency..... 9-1-1
Fire non-emergency 708-246-1182
Police non-emergency 708-246-8540
Public Works Department .. 708-246-1800 Ext. 200
(parkway trees, streets, sewers, water)
Recreation Department..... 708-246-9070
Village Hall..... 708-246-1800

Visit us on the web!
www.wsprings.com

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Sergeant Edward Broché

**23 Years of
Dedicated Service**

On January 17, 2012, Sergeant Edward Broché retired from the Department of Law Enforcement Services after serving the Village of Western Springs for 23 years, with the last 13 years as a Sergeant.

During his tenure, Sgt. Broché proudly served in

both the Patrol and Investigations Units and also was the Department's Traffic Enforcement Grant and Recruitment Team Coordinator for several years. Sgt. Broché was instrumental in starting the Village's Peer Jury Program in 1997, which has continued to be a very successful community program.

We wish Ed all the best in the future and thank him for the many years of dedicated service to the Village of Western Springs and its citizens.

Tower Chorale Announces Open Rehearsals

The Tower Chorale, under the direction of Patrick Godon, will begin rehearsals on "A Night of Gershwin" on Monday, March 12. All interested singers are invited to join the Chorale at two open rehearsals on Monday, March 12 and Monday, March 19, 7:15—9:15 p.m. at Grand Avenue Community Center, 4211 Grand Avenue. The performance will be May 5, at 7:30 p.m. and May 6, at 3:00 p.m. at Nazareth Academy Auditorium in LaGrange Park.

WESTERN SPRINGS



French Market

OPENS IN MAY

Whiz-ba!

Volume 2, Issue 1
March/April 2012

www.westernspringsbusiness.com

Visit our website for a complete list of member businesses and updates on upcoming events.

Home again and loving it

by JACKIE WILKINSON
Beautiful Beginnings

Yes, Western Springs is our home. I may not live in Western Springs, but I have a home here. That home is Beautiful Beginnings.

A couple of years ago we decided that we should move our home, thinking the “grass is greener on the other side”. We actually found out that our grass right here is just right.

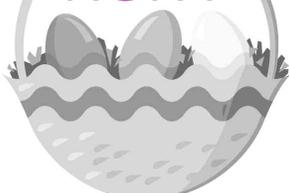
We have come back to our home and made it even cozier than it was before. We want to invite all of our old friends and new ones to come and visit.

By leaving our quaint Village for bigger and better things, we found that local business is actually a better fit for us. We enjoy knowing our customers and their children by their names. We also enjoy seeing our customers at other businesses in town and having a quick chat to catch up with them. Our roots run deep in serving customers’ needs on a personal level, and we just couldn’t get back quickly enough.

Right here in Western Springs feels just right, both for working and for shopping. I love to run over to Casey’s to pick up that tilapia for a special Friday night dinner. Even when our store was at the Oak Brook Mall and I had the choice of buying Vera Bradley right there at the Vera Bradley Store, my heart pulled me back to The Uptown Shop because the girls are friendly and helpful and I know just how hard they work. Speaking of working hard, Linda at Village True Value Hardware will answer any question I have and meet my needs with accuracy and a smile no matter how busy she may be. It really is like being with family.

Let me encourage the citizens of Western Springs to continue to support their local businesses. It makes for a comfy, cozy home for all of us.

EASTER EGG HUNT



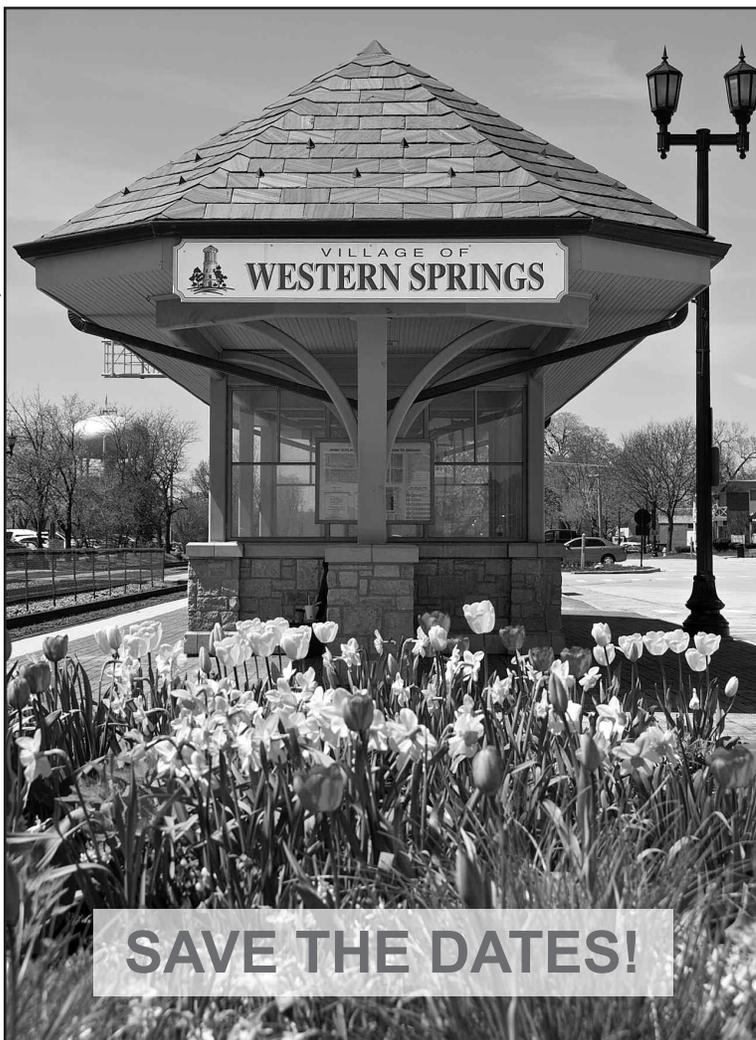
March 31

Rain or shine at the Tower Green! A family favorite, the fun begins at 9:00 a.m. Take a picture with Hoppy the Bunny and gather as many eggs as you can!

Ready, set, EGGS!



Photo courtesy of Michael J. Matulis, Downers Grove



Don't you love this time of year?

We do at the WSBA. The year is young and full of promise, warm weather is on the way, and all of our community events are ahead of us. Save the dates and join your neighbors and friends at this year's fun family festivals:

Saturday, MARCH 31

Easter Egg Hunt
9:00 AM – 9:30 AM

Friday – JUNE 22

Gathering On The Green
5:00 PM – 10:00 PM

Friday and Saturday
JULY 13 and JULY 14
Sidewalk Sale

Friday

OCTOBER 5

Fall Festival
6:30 PM – 8:30 PM

Saturday

DECEMBER 1

Christmas Walk
2:00 PM – 5:00 PM

Whiz-Bits

- Steve Pleimling, President of the Community Bank of Western Springs, has announced his retirement at the end of January. Steve served on the WSBA Board as both vice president and president for more than 10 years, working tirelessly to enhance the town and business community. We wish Steve all the best.
- Did you know that Wednesdays are Senior Discount Day in Western Springs? Check with local businesses to see what deals they have for you.
- Local Chef Paul Virant has a new book coming out. Two years in the making, *The Preservation Kitchen*, by Paul Virant and Kate Leahy, will be released April 3, 2012.

We'd love to hear from you! Here's what one anonymous resident had to say...

We are lucky to live in a town where we know everyone well enough to extend a pleasant "good morning" or "have a good day," one of the many graces of living in Western Springs. Those little things don't always happen in other places.

Go into any place of business in town and you'll find a staff not only pleasant and helpful, but willing to go the extra mile to accommodate your needs. Those rare qualities are exhibited every day by our local business people, even in a time when hurrying is a way of life. The people we interact with in the town stores treat us like friends, as well as customers.

We should take note and do what we can to keep local businesses busy. Every time we think about leaving town to shop elsewhere, let's remind ourselves to shop locally. We need to support these gracious people who make our lives so pleasant and let them know we appreciate all they do. —A Satisfied Customer

What do you like about shopping in Western Springs? Please write and tell us. Maybe you'll see your words right here in Whiz-ba!

QUESTIONS?
COMMENTS?

Email us:
info@westernspringsbusiness.com

or write to us:
Western Springs
Business Association
P.O. Box 172
Western Springs, IL 60558

**Think local.
Shop local.
Be local.**

